

# Grade 7 Plan (Math)

## Week 1 - Measurement and Geometry



Rectangle and Square.  
Area and Perimeter  
(Lesson + Note)

[https://intomath.org/  
area-perimeter](https://intomath.org/area-perimeter)



Rectangle and Square.  
Area and Perimeter  
(Lesson + Note)

[https://intomath.org/  
area-perimeter](https://intomath.org/area-perimeter)



Angle relationships  
review. Patterns

[https://www.youtube.co  
m/watch?v=dg19cbqrP-Q](https://www.youtube.com/watch?v=dg19cbqrP-Q)



Area and Perimeter  
(including circle) More  
Practice

[https://intomath.org/free  
-math-worksheets-  
grade-7/](https://intomath.org/free-math-worksheets-grade-7/)



Different ways to find  
the area of a triangle -  
read and learn

[https://intomath.org/  
post/area-of-a-  
triangle/](https://intomath.org/post/area-of-a-triangle/)

# Grade 7 Plan (Math)

## Week 2 - Number Sense and Numeration



Number Line. Positive and Negative Integers (Lesson + Note)

<https://intomath.org/number-line-negative-integers/>



Number Line. Positive and Negative Integers (Practice)

<https://intomath.org/number-line-negative-integers/>



Adding and Subtracting Integers (Lesson + Note + Practice)

<https://intomath.org/adding-and-subtracting-integers/>



Multiplying and Dividing Integers (Lesson + Note + Practice)

<https://intomath.org/multiplying-and-dividing-integers/>



Review of Integers + BEDMAS Practice

<https://intomath.org/free-math-worksheets-grade-7/>

# Grade 7 Plan (Math)

## Week 3 - Number Sense and Numeration. Algebra



Adding and Subtracting  
Fractions (Lesson +  
NOte)

<https://intomath.org/adding-and-subtracting-fractions/>



Adding and Subtracting  
Fractions (Practice)

<https://intomath.org/adding-and-subtracting-fractions/>



Multiplying and Dividing  
Fractions (Lesson +  
NOte)

<https://intomath.org/multiplying-and-dividing-fractions/>



Multiplying and  
Dividing Fractions  
(Practice)

<https://intomath.org/multiplying-and-dividing-fractions/>



Collecting Like Terms.  
Solving Equations (Lesson  
+ NOte + Practice)

<https://intomath.org/collecting-like-terms-solving-equations/>